


Zeeland Christian Lunch Menu December 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 2	<p>We are currently operating under the Seamless Summer Option (SSO.) Under this program, Complete meals are Free for ALL STUDENTS.</p>		1	2	3
			<p>A. Chicken and Waffles</p> <p>B. Taco Salad (Taco meat, Lettuce, Cheddar cheese, Salsa, Tortilla chips)</p> <p>Sides: Romaine Lettuce Grape Tomatoes Pears Red Grapes</p>	<p>A. Macaroni & Cheese w/ a Roll</p> <p>B. Taco Salad (Taco meat, Lettuce, Cheddar cheese, Salsa, Tortilla chips)</p> <p>Sides: Baked Beans Cucumber Slices Sidekick Frozen Juice Cup Pineapple</p>	<p>A. Cheese Pizza</p> <p>B. Taco Salad (Taco meat, Lettuce, Cheddar cheese, Salsa, Tortilla chips)</p> <p>Sides: Seasoned Green Beans Cauliflower Florets Orange Wedges Peaches</p>
Week 3	6	7	8	9	10
	<p>A. Cheeseburger on Bun</p> <p>B. Yogurt, String Cheese, Crackers & Cereal</p> <p>Sides: Baby Carrots Broccoli Michigan Apple Craisins (Cherry or Strawberry)</p>	<p>A. Chicken Nuggets w/ a Roll</p> <p>B. Yogurt, String Cheese, Crackers & Cereal</p> <p>Sides: Mashed Potatoes Celery Mixed Fruit Fresh Pears</p>	<p>A. French Toast Bites & (2) Sausage Links</p> <p>B. Yogurt, String Cheese, Crackers & Cereal</p> <p>Sides: Romaine Lettuce Red/Orange Peppers Michigan Apples Peaches</p>	<p>A. Walking Tacos</p> <p>B. Yogurt, String Cheese, Crackers & Cereal</p> <p>Sides: Refried Beans Cucumber Slices Zee-Zee's Applesauce Cup Pineapple</p>	<p>A. Wild Mike's Cheese Pizza Bites & Sauce</p> <p>B. Yogurt, String Cheese, Crackers & Cereal</p> <p>Sides: Cauliflower Florets Baby Carrots Orange Wedges Fresh Pear</p>
Week 4	13	14	15	16	17
	<p>A. Sloppy Joe w/ cheese Sandwich</p> <p>B. Parfait w/ Granola, String Cheese, & Cheez its</p> <p>Sides: Baby Carrots Broccoli Michigan Apple Peach Cup</p>	<p>A. Corn Dog</p> <p>B. Parfait w/ Granola, String Cheese, & Cheez its</p> <p>Sides: Baked Beans Celery Applesauce Cup Fresh Pears</p>	<p>A. Pancake & Scrambled Eggs</p> <p>B. Parfait w/ Granola, String Cheese, & Cheez its</p> <p>Sides: Romaine Lettuce Grape Tomatoes Pears Red Grapes</p>	<p>A. Meatballs w/ Beef Gravy and a Twisted Breadstick</p> <p>B. Parfait w/ Granola, String Cheese, & Cheez its</p> <p>Sides: Mashed Potatoes Cucumber Slices Sidekick Frozen Juice Cup Pineapple</p>	<p>A. Pepperoni Pizza</p> <p>B. Parfait w/ Granola, String Cheese, & Cheez its</p> <p>Sides: Seasoned Green Beans Cauliflower Florets Orange Wedges Peaches</p>
			<p>CHRISTMAS BREAK IS DEC 20 - JAN 2</p>		31
					<p>Breakfast and Lunch must contain a ½ cup fruit or vegetable and at least 3 components to be a complete meal.</p> <p style="text-align: center;">Milk Only 75¢ for all students</p>

Menu subject to change without notice:
Please refer our website www.zps.org/parents/food-service in the event of a "snow day" or unplanned day off to review menu changes.

Online Deposits and Meal Applications can be found at www.zps.org/parents/food-service/
If you need log-in information, please contact us via email at foodservice@zps.org